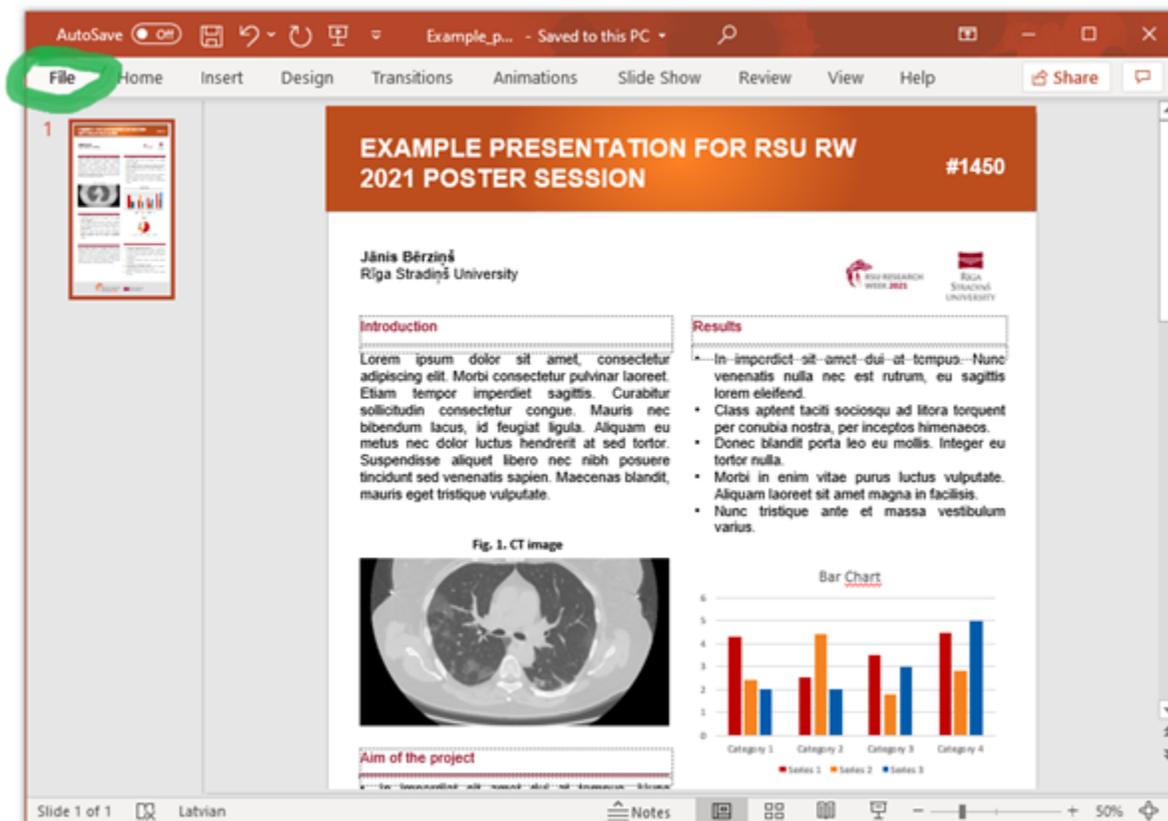


Instructions for uploading your virtual poster on RSU RW 2021 live platform

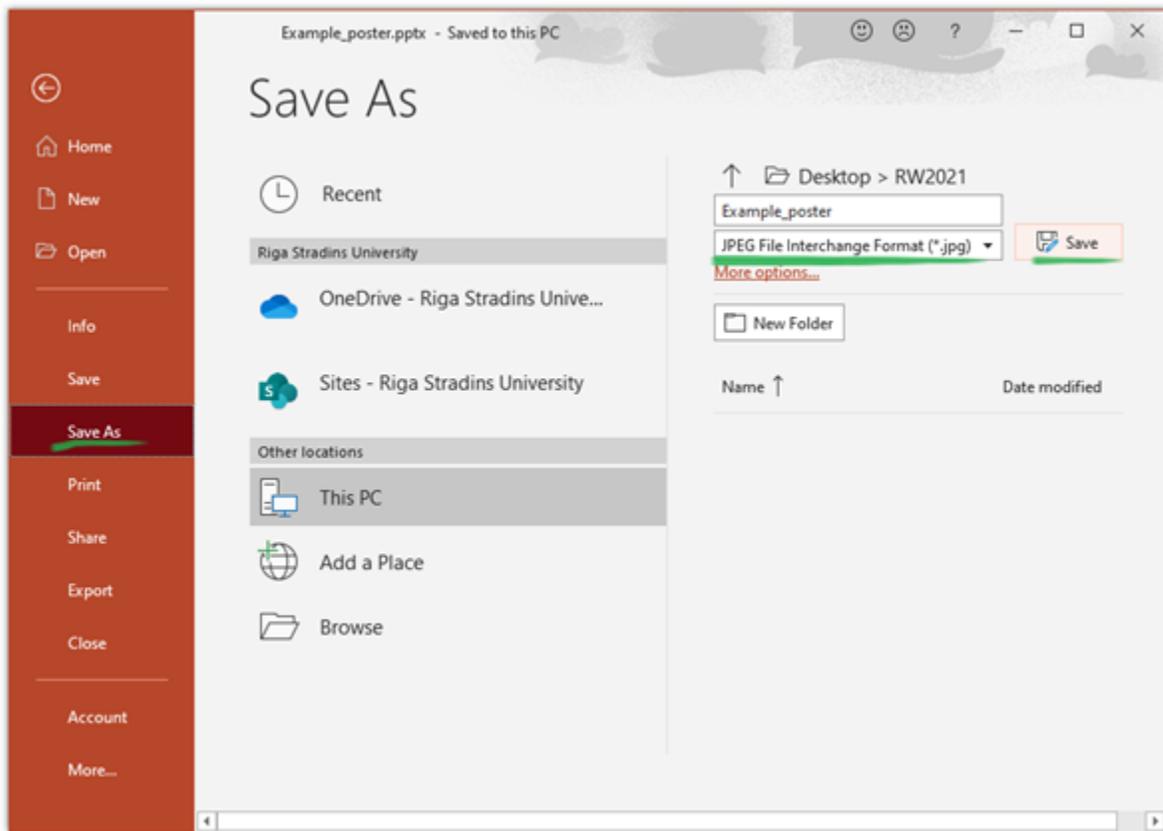
Step 1

Prepare your poster. We encourage you to use one of our Powerpoint templates.



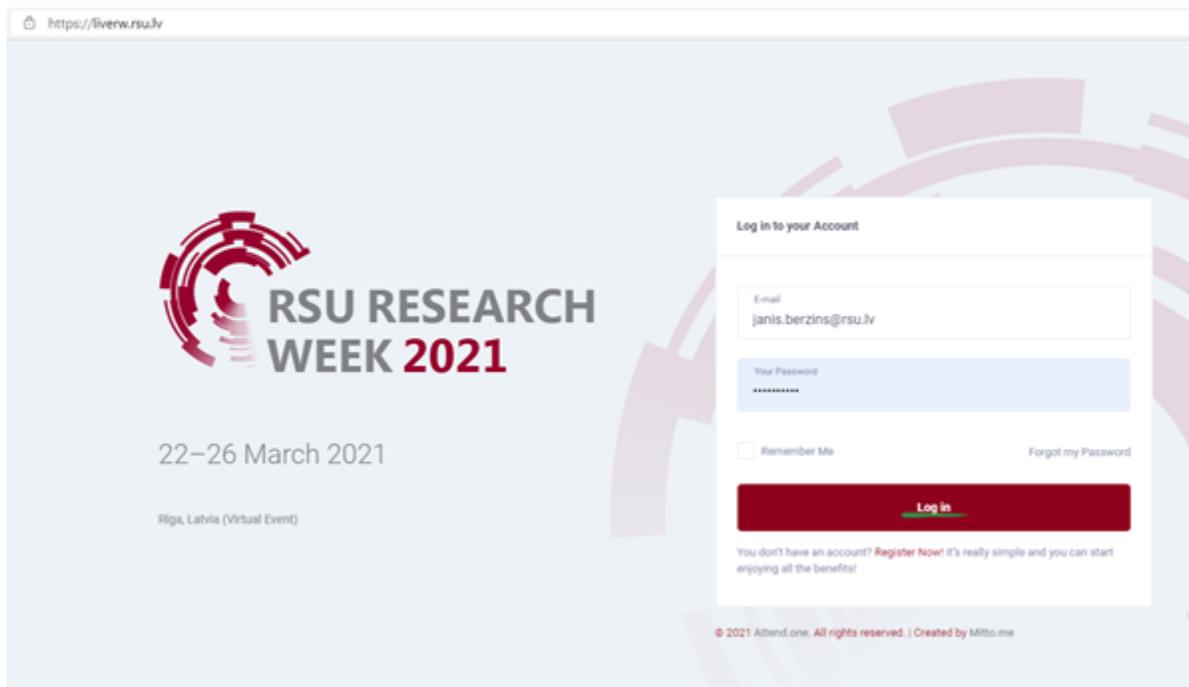
Step 2

Save your poster as a high-resolution JPG image file.



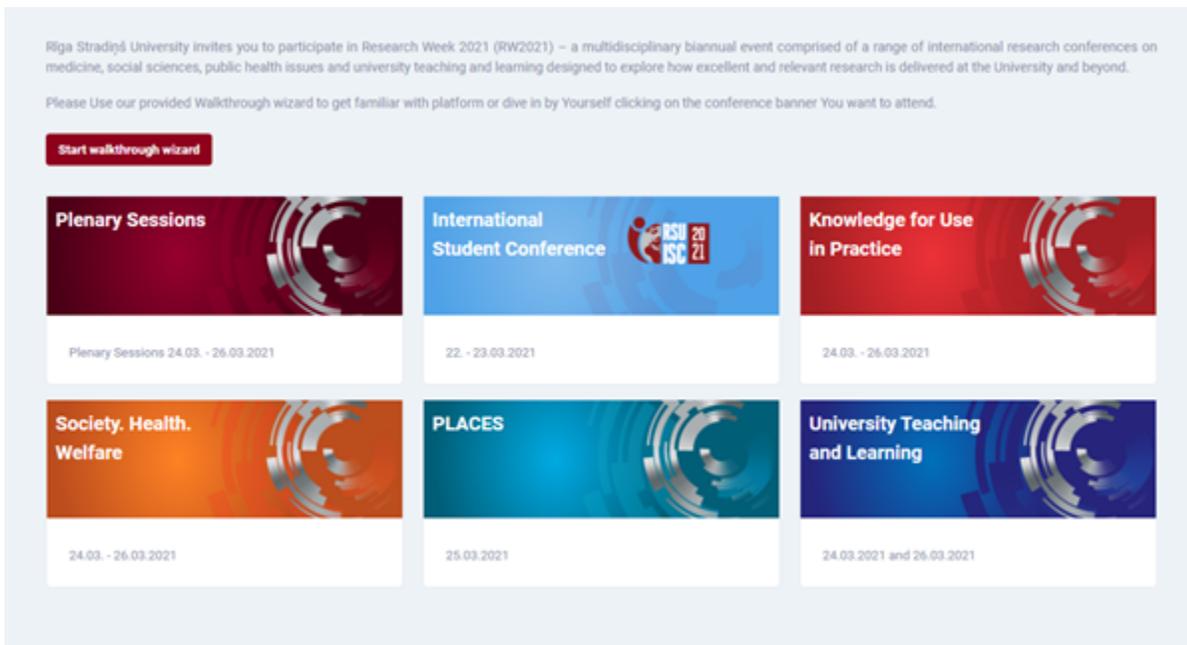
Step 3

Log in to liverw.rsu.lv with your e-mail address.



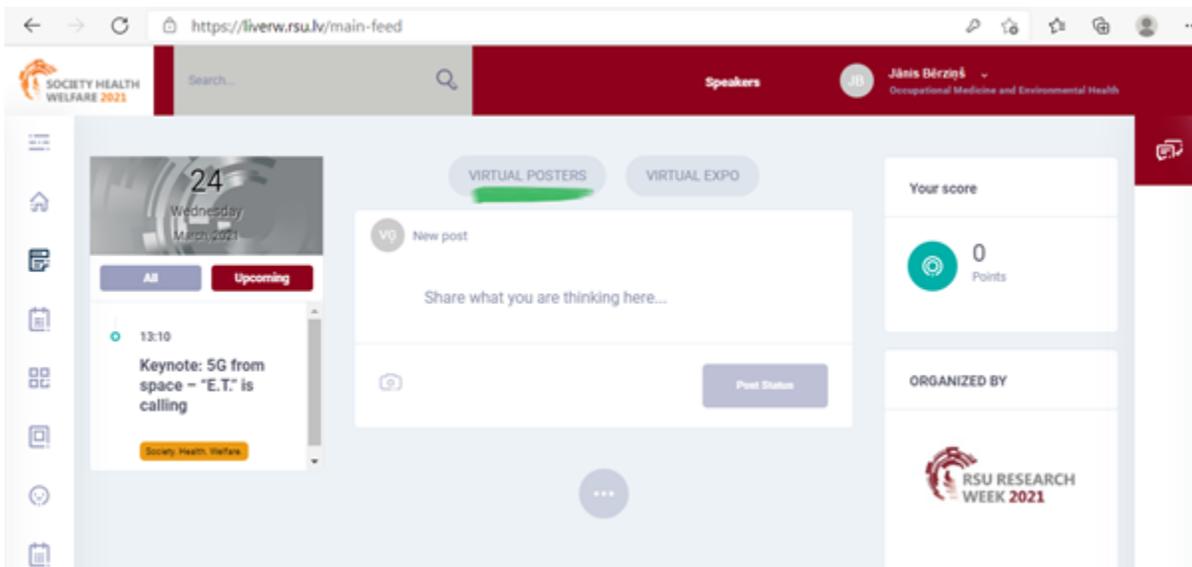
Step 4

Choose your conference



Step 5

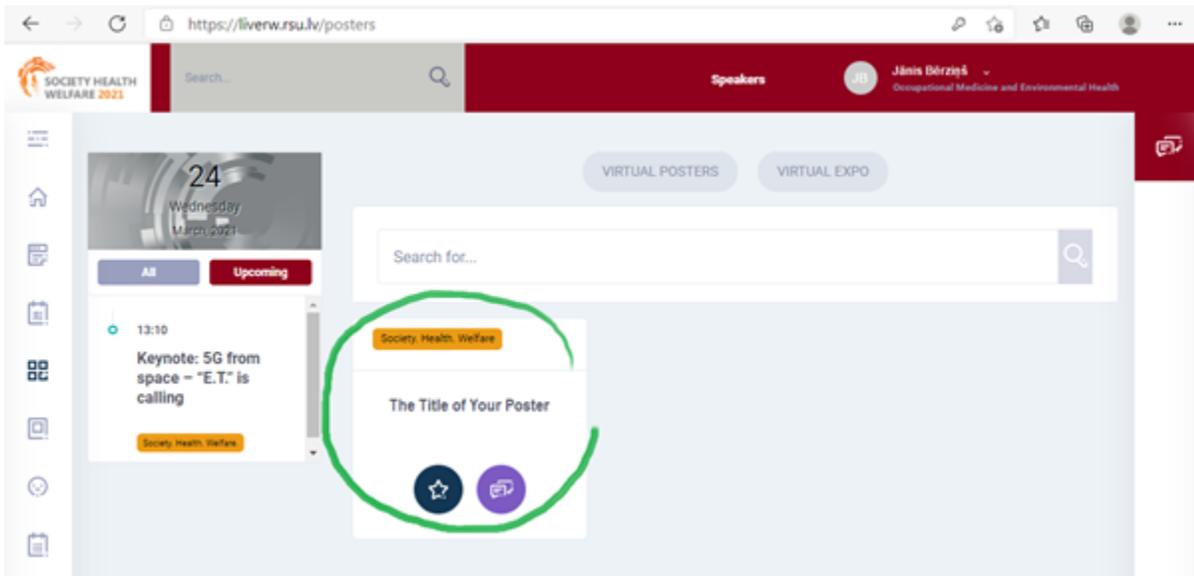
Click VIRTUAL POSTERS tab.



Step 6

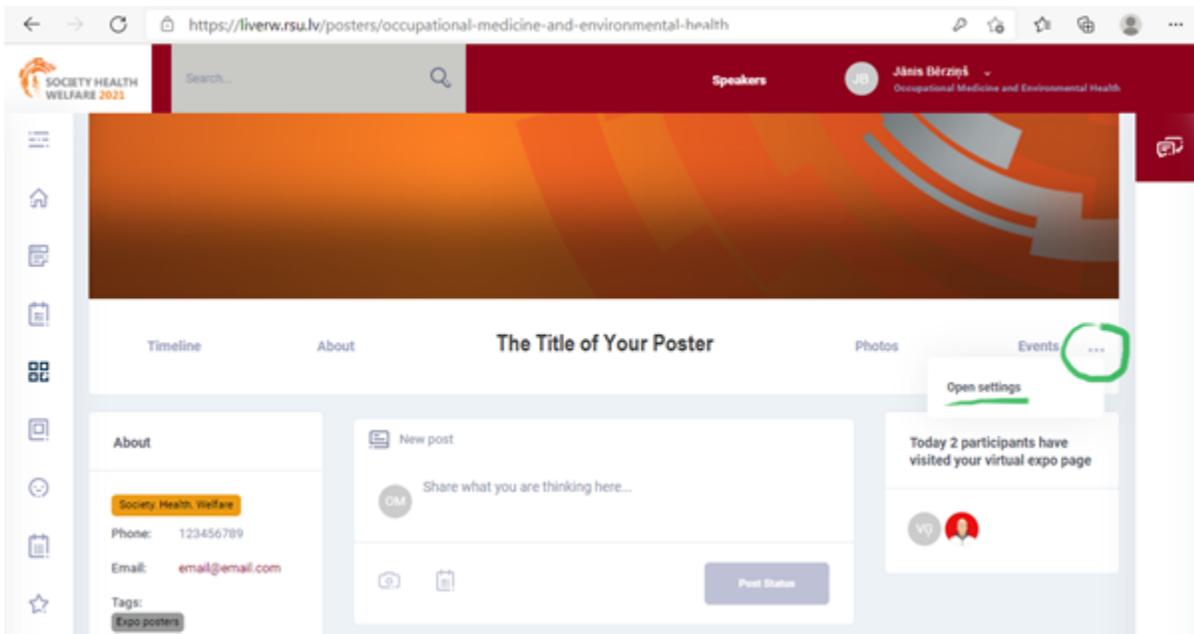
Find your poster page.

Choose your poster JPG file and upload it. This option is available on the very bottom of the page. Namely, click on Details and scroll down to the bottom of the page



Step 7

Open the settings menu.



Step 8

Choose Details.

The screenshot shows a web interface for a virtual expo poster. The browser address bar displays the URL: <https://liverw.rsu.lv/virtual-expo/occupational-medicine-and-environmental-health/settings/statistics>. The page header includes the logo for 'SOCIETY HEALTH WELFARE 2021' and a search bar. The user profile is identified as 'Jānis Bērziņš' with the role 'Occupational Medicine and Environmental Health'. The main content area is titled 'The Title of Your Poster' and includes tabs for 'Timeline', 'About', 'Photos', and 'Events'. A sidebar on the left contains navigation options: 'STATISTICS', 'CONTENT', and 'SETTINGS'. The 'DETAILS' option under 'SETTINGS' is circled in green. The main content area displays statistics: 'Online today: 2', 'Online now: 1', 'Pageviews today: 29', and 'Pageviews total: 54'. A bar chart shows 'Users online in the last 24 hours' with three bars at 1.0. Below this, 'Content statistics' shows zero counts for 'Your posts', 'Post comments', 'Post likes', 'Post shares', 'Total chats', and 'Poll answers'.

Step 9

Choose your poster JPG file and upload it.

The screenshot shows the 'Graphics' section of the poster settings. It includes the instruction: 'Upload Your e-poster here .jpg or .png (minimum resolution 1080x1920)'. There are two 'Choose File' buttons, both with 'No file chosen' text. The first 'Choose File' button is circled in green. To the right, there is a preview of an orange and white graphic with a 'Remove image' button below it. At the bottom of the section is a large red 'Save' button.

Your poster will now appear on your poster page. Full size poster can be viewed by clicking on it in the Timeline tab or by choosing About tab.

